

6 Conclusion

Taking the results together, clearly in several studies analysis demonstrates that the CDS proved to be reliable in terms of internal consistency, equivalence and stability. In addition, psychometric properties regarding construct validity were acceptable and showed strong similarities across the countries. The aforementioned criteria showed that the CDS might be useful in measuring care dependency in each country as well as across the described countries on both group and individual levels. Furthermore, the CDS sum score can be used safely as an overall indicator of care dependency. In addition the CDS items have proven to be related to what Henderson (1966) calls *fundamental* human needs that appear in every patient-nurse relationship, independent from cultural background.

Although further research is ongoing, there is evidence that in research the CDS can be used for international comparisons and can contribute to the development of international standards for need assessment of patients. Regarding the application of the CDS in clinical practice, the CDS can be used in the first stage of the care process as a case-finding and needs assessment tool.

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Permission to use the CDS

This manual has been published jointly by several Eurecare members. The CDS can be used under the following conditions.

For academic research

- Use is only permitted after written permission from the Care2Share contact person for the country and/or language specific version of the CDS which will be used. Asked: ate.dijkstra@icloud.com
- The source should be mentioned explicitly (e.g. this manual).
- When work using the CDS is published, it is appreciated that a copy of the publication is sent to Ate Dijkstra PhD MEd RN: ate.dijkstra@icloud.com
- It is appreciated that data gathered with the CDS are made available for further validation: scores on the individual items of the CDS, if possible for different age, sex and diagnostic patients groups, scored by patients, proxies, nurses or other healthcare providers. These can be made available on electronic mail, coded as outlined in this manual.

For use in community and clinical care

- Use is only permitted after written permission of the Eurecare contact person for the country and/or language specific version of the CDS, which will be used. Asked: ate.dijkstra@icloud.com

For use in commercial research

- Use is only permitted after written permission of the Eurecare contact person for the country and/or language specific version of the CDS, which will be used. SAsked: ate.dijkstra@icloud.com
- Commercial companies are asked to contribute to the ongoing work of Eurecare by giving financial support when using the CDS. In such cases please contact Ate Dijkstra PhD MEd RN: ate.dijkstra@icloud.com

Appendix A

The available versions of the CDS

The Care Dependency Scale is available in the following languages:

- Arabic (Egyptian dialect)
- Dutch
- Chinese
- English (UK and USA)
- Finnish
- French
- Frisian
- German
- Indonesian
- Italian
- Japanese
- Norwegian
- Persian
- Spanish
- Swedish
- Slovenian
- Turkish

The current English versions for assessment by self-report and proxy are given in Appendix B and C.

Appendix B

The English-UK versions of the CDS (self-report version)

A Eating and drinking

The extent to which I am able to satisfy my need for food and drink

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

B Continence

The extent to which I am able to control the discharge of urine and faeces voluntarily

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

C Body posture

The extent to which I am able to adopt a position appropriate to a certain activity

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

D Mobility

The extent to which I am able to move about unaided

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

E Day/night pattern

The extent to which I can maintain an appropriate day/night cycle unaided

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

Manual Care Dependency Scale

Care2Share

F Getting dressed and undressed

The extent to which I am able to get dressed and undressed unaided

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

G Body temperature

The extent to which I am able to protect my body temperature against external influences unaided

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

H Hygiene

The extent to which I am able to take care of my personal hygiene unaided

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

I Avoidance of danger

The extent to which I am able to assure my own safety unaided

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

J Communication

The extent to which I am able to communicate

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
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Manual Care Dependency Scale

Care2Share

K Contact with others

The extent to which I am able to appropriately make, maintain and end social contacts

- ① I am completely dependent on care from others
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- ⑤ I am almost independent on care from others

L Sense of rules and values

The extent to which I am able to observe rules by myself

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

M Daily activities

The extent to which I am able to structure daily activities within the facility unaided

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

N Recreational activities

The extent to which I am able to participate in activities outside the facility unaided

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

O Learning ability

The extent to which I am able to acquire knowledge and/or skills and/or to retain that which was previously learned unaided

- ① I am completely dependent on care from others
- ② I am to a great extent dependent on care from others
- ③ I am partially dependent on care from others
- ④ I am only to a limited extent dependent on care from others
- ⑤ I am almost independent on care from others

Would you please check whether you answered all questions?

Thank for your help.

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Asked: ate.dijkstra@icloud.com

The English-UK versions of the CDS (proxy version)

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The extent to which the patient is able to satisfy his/her need for food and drink

- ① Patient is completely dependent on care from others
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- ④ Patient is only to a limited extent dependent on care from others
- ⑤ Patient is almost independent on care from others

B Contenance

The extent to which the patient is able to control the discharge of urine and faeces voluntarily

- ① Patient is completely dependent on care from others
- ② Patient is to a great extent dependent on care from others
- ③ Patient is partially dependent on care from others
- ④ Patient is only to a limited extent dependent on care from others
- ⑤ Patient is almost independent on care from others

C Body posture

The extent to which the patient is able to adopt a position appropriate to a certain activity

- ① Patient is completely dependent on care from others
- ② Patient is to a great extent dependent on care from others
- ③ Patient is partially dependent on care from others
- ④ Patient is only to a limited extent dependent on care from others
- ⑤ Patient is almost independent on care from others

D Mobility

The extent to which the patient is able to move about unaided

- ① Patient is completely dependent on care from others
- ② Patient is to a great extent dependent on care from others
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E Day/night pattern

The extent to which the patient can maintain an appropriate day/night cycle unaided

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Manual Care Dependency Scale

Care2Share

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The extent to which the patient is able to get dressed and undressed unaided

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Thank for your help.

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Appendix C

The English-USA versions of the CDS (self-report version)

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The extent to which I am able to move about unaided

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Manual Care Dependency Scale

Care2Share

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- ⑤ Patient is almost independent on care from others

O Learning ability

The extent to which the patient is able to acquire knowledge and/or skills and/or to retain that which was previously learned unaided

- ① Patient is completely dependent on care from others
- ② Patient is to a great extent dependent on care from others
- ③ Patient is partially dependent on care from others
- ④ Patient is only to a limited extent dependent on care from others
- ⑤ Patient is almost independent on care from others

Would you please check whether you answered all questions?

Thank for your help.

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Asked: ate.dijkstra@icloud.com